

M E N U

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Biscuit with Grape Jelly Fresh Fruit Milk	Scrambled Eggs Cheddar Cheese Fresh Fruit Milk	Whole-Grain Waffle with Syrup Fresh Fruit Milk	Breakfast Muffin with Turkey Sausage and Cheddar Cheese Fresh Fruit Milk	Cereal Fresh Fruit Milk
LUNCH WEEK 1	Chicken and Whole Wheat Rice Vegetable Medley Peach Slices Milk	Beef Taco with Wheat Tortillas Casserole Refried Beans Pear Slices Milk	Italian Chicken with Toasted Wheat Bread Green Beans Peach Slices Milk	Whole-Grain Spaghetti with Beef Sauce Sweet Peas Pear Slices Milk	Chili Supreme Cornbread Fruit Cocktail Milk
LUNCH WEEK 2	Chicken and Dumplings Vegetable Medley Peach Slices Milk	Whole-Grain Rotini Noodles with Beef Green Beans Pear Slices Milk	Chicken and Cheese Quesadillas with Wheat Tortillas Yellow Corn Peach Slices Milk	Meatloaf Mashed Potatoes Wheat Toast Pear Slices Milk	BBQ Baked Chicken with Wheat Toast Baked Beans Fruit Cocktail Milk
LUNCH WEEK 3	Chicken Nuggets Mashed Potatoes Wheat Toast Peach Slices Milk	Ground Beef with Mashed Potatoes Wheat Bread Pear Slices Milk	Chicken Ala King Sweet Peas Peach Slices Milk	Cheeseburger Casserole with Whole-Grain Noodles Green Beans Pear Slices Milk	Frank-N-Beans Cornbread Fruit Cocktail Milk
AFTERNOON SNACK	Ritz Crackers Cheddar Cheese	Orange Slices Pretzels	Apple Slices Yogurt	Ritz Crackers String Cheese	Animal Crackers Milk